

**Naval Station  
Newport**



**February 2012**

# LEISURE TIMES

Your information for MWR, Child & Youth Programs, Galley, Fleet & Family Support Center, Family Housing, Navy Gateway Inns & Suites at Newport, R.I.



## BLIZZARD OF FUN WINTER CARNIVAL

**at Gym 109 on Wednesday, February 22 & Thursday, February 23  
10 a.m. to 2 p.m.**

**\$2  
per person  
3 & under free**

**Live  
Entertainment**

**Bouncies**

**Concessions**

**Arts &  
Crafts**

**For more information, call MWR Special Events at 841-3127.**



For more information,  
call ITT at 841-3116 or  
stop by Wednesday through  
Friday, 10 a.m. to 6 p.m.

## Area Lift Tickets

Wachusett Mountain  
Princeton, MA  
Anytime \$46.50  
Weekday \$42.50  
Night \$38.50  
Loon Mountain Lincoln, NH  
Anytime \$70.50  
Waterville Valley NH  
Adult Wkd/Holiday \$60.50  
Teen Wkd/Holiday \$50.50

## Providence Bruins

Flex tickets \$14.50 each

## Movie Tickets

Island Cinema \$7.25  
Showcase Cinema \$8.50  
Jane Pickens \$6.75

## Newport County Dinner Club

Two-for-one dinners at over  
70 area restaurants \$18.50

## Dinner for Two Dinner Book

Featuring over \$1500 in free  
dinners, plays, concerts and  
cruises through Rhode  
Island \$20.00

## Passport Pictures

\$8 for a set of two,  
no appointment needed!

**KENNY CHESNEY AND TIM MCGRAW**  
WITH SPECIAL GUESTS  
**GRACE POTTER AND THE NOCTURNALS** **JAKE OWEN**

**GILLETTE STADIUM**  
**SATURDAY, AUGUST 25 AT 4:30 P.M.**  
**\$105 PER PERSON**  
**SEATS LOCATED IN VARIOUS SECTIONS**  
**PURCHASE AT ITT 841-3116.**



656 Whipple Street Newport, RI 02841

The information contained in this issue  
was current at the time of publication.  
Activities, events and hours of operation  
are subject to change.

All events are open to patrons with base  
access unless otherwise noted.

For more information, visit  
<https://www.cnic.navy.mil/Newport>,  
email [kelly.conner1@navy.mil](mailto:kelly.conner1@navy.mil) to be added to the  
MWR Email Blast list or call (401) 841-4992.

Looking for a job? Check to and see what we're  
hiring for at <https://www.cnic.navy.mil/cnrma/about/jobs/nsnewport>

Are you on Facebook? Become a "fan" of  
Naval Station Newport RI's page

The Navy nor any other part of the federal  
government officially endorses any company,  
sponsor, or their products or services.



**GREAT VACATIONS**  
**starting at**

**\$349**

\*USD Per Week/Per Unit  
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Over 200,000  
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100 countries.

Search for  
available destinations  
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installation number 163



# **Recreation Center, Building 656**

## **ENLISTED CLUB**

### **ALL HANDS LUNCH**

The E'Club is open to all base patrons! Order lunch in the E'Club or Seaview Lanes Monday through Friday starting at 11 a.m.

### **ALL-YOU-CAN-EAT LUNCH SPECIALS**

Tuesday - Soup & Salad \$5.75  
Wednesday - Pizza & Salad \$6.75  
Thursday - Taco Bar \$6.50

## **SEAVIEW LANES BOWLING CENTER**

### **REGULAR RATES**

Bowling \$3.50\* - Shoe Rental \$2

### **XTREME BOWLING**

Music, flashing lights, everything glows in the dark...\$4\* on Saturday nights 8 to 11 p.m.

### **MONDAY**

Active duty military bowl for \$1 per game\* 11 a.m. to 5 p.m.

### **TUESDAY**

Bowl for \$1 per game\* 11a.m. to 2 p.m. League starts at 6 p.m.

### **WEDNESDAY**

Bowl one game\*, get one game free 11 a.m. to 5 p.m.  
League starts at 6 p.m.

### **THURSDAY**

1st game\* is \$3, 2nd game\* is \$2, 3rd game\* is \$1. All three games must be bowled at one time for special pricing 11 a.m. to 8 p.m.

### **FRIDAY**

Bowl for \$2 per game\* 11 a.m. to 5 p.m. League starts at 6 p.m.

### **SUNDAY**

Free shoe rental from 4 to 8 p.m.  
Anyone 55 and older bowls for just \$1 per game\* (valid ID required)

\* All rates are per person

### **SUPER BOWL SUNDAY**

#### **FEBRUARY 5**

Wear your favorite football team jersey and bowl for half price.

### **VALENTINE'S DAY**

#### **FEBRUARY 14**

Wear red and bowl for \$1 per game\* from 11 a.m. to 5 p.m.

### **PRESIDENTS' DAY**

#### **FEBRUARY 20**

Correctly answer a question about a former president and your shoe rental is free.

Looking for a casual place to get together with friends? Book a bowling package which includes bowling, shoes, food and drinks for \$10 per person. For more information, call 841-2194.



## **FREE MOVIE...**

**Every other  
Thursday night  
and Saturday  
afternoon. Call  
Seaview Lanes at  
841-4293 to see  
what's playing.**



## **OUTDOOR**

## **RECREATION RENTAL**

Got your own gear?  
Bring it in for a tune-up!

### **SKI OR SNOWBOARD TUNE-UPS**

Complete \$28  
Wax, edge sharpening or  
Base with p-tex \$12



### **ICE SKATE SHARPENING**

\$6 per pair

ORR is open Monday through Friday 3 to 6 p.m. Saturday 9 a.m. to 1 p.m.  
For more information, call 841-2568.

# **SUPER BOWL XLVI INDIANAPOLIS**

**WATCH THE BIGGEST GAME  
OF THE YEAR AT SEAVIEW  
LANES, THE ENLISTED OR  
CPO CLUBS! BUDWEISER  
SPECIALS: \$2.50 FOR  
BOTTLE OR \$5.50 FOR  
PITCHER! FOOD SPECIALS  
VARY FROM \$3 TO \$6.**

| Sun   | Mon   | Tue   | Wed   | Thurs   | Fri                                      |
|---|---|---|---|---|--|
| Super Bowl<br>Sunday Feb 5<br>Free Food during<br>the game!   | Ping-Pong<br>Tournament<br>Prizes!  | Wii Sports<br>Tournament<br>Prizes!   | MLB The Show<br>Tournament<br>6 p.m. Prizes!  | Guitar Hero<br>Tournament<br>6 p.m. Prizes!   | Billards<br>Tournament<br>6 p.m. Prizes! |
| Texas Hold'em<br>Tournament<br>6 p.m. Prizes!!  | <br><b>FEBRUARY<br/>EVENTS</b> |  | 4 <sup>th</sup> - Free Brownie Day, While they last!<br>10 <sup>th</sup> -12 <sup>th</sup> - Sunday River Ski Trip,<br>sign up early! | 18 <sup>th</sup> - Free Cookie Day, While they last!<br>25 <sup>th</sup> - Wachusett Ski Trip, sign up early! |  |
| The Liberty Center has eight computers and free wireless Internet access! Check out the billiards, foosball and ping-pong tables, three flat screen televisions for Xbox, Xbox 360, PlayStation 2, PlayStation 3 and Wii video systems, a TV lounge and dining area. There is a movie room where free movies from the Navy Motion Picture Service are shown - see movies six weeks before they're out on DVD!<br><b>This facility is alcohol-free and is open to active duty military personnel and reservists who are single or unaccompanied.</b><br>For more information, call 841-3054 or visit the Liberty Center at building 656. |   |   |   |   |  |

# FITNESS & SPORTS

Gym 109 Front desk  
841-3154

Pool 307  
841-6628

## February is American Heart Month

Learn about simple and easy lifestyle changes, including eating smarter and healthier that will benefit your heart's health.

**Tues., February 14 – Free Blood Pressure Screenings**  
6 to 7 a.m. & 11 a.m. to noon

**Tues., February 14 – Valentine's Day Power Cycle Party**  
4:30 to 6:30 p.m.

Indoor cycling is one of the best ways to pump up your cardiovascular system and keep your heart strong. Wear something red and be ready for a fun ride!

**Wed., February 15 – TRX Atomic Push Up**  
6 a.m. to 7 p.m.  
TRX is new suspension training system, take part in a challenge and try to complete 40 reps.

**Thurs., February 16 – Cooking for a Healthy Heart**  
Find out the latest information on cooking for a healthy heart including the DASH eating plan.

**Mon., February 27 – Blood Drive 4:30 to 7:30 p.m.**

## FITNESS CLASS SCHEDULE

Gym 109 • 841-3154 • Subject to change

No classes on Federal Holidays

Valid through June 17, 2012



### MONDAY

|            |                     |          |
|------------|---------------------|----------|
| 6 a.m.     | Power Cycle*        | Studio 1 |
| 9:15 a.m.  | Diesel Wheels*      | Studio 1 |
| 9:15 a.m.  | Zumba               | Court    |
| 11:30 a.m. | Yoga                | Studio 2 |
| 11:45 a.m. | Cycle Express*      | Studio 1 |
| 4:30 p.m.  | Power Cycle*        | Studio 1 |
| 5 p.m.     | Kettle Bell Express | Studio 2 |

### TUESDAY

|            |                         |          |
|------------|-------------------------|----------|
| 5:30 a.m.  | X-Factor                | Studio 2 |
| 9:15 a.m.  | Total Body Conditioning | Studio 2 |
| 11:10 a.m. | Kettle Bell Express     | Studio 2 |
| 11:45 a.m. | Hard Core               | Studio 2 |
| 4:30 p.m.  | Total Upper Body        | Court    |
| 5:10 p.m.  | Turbo Kick              | Court    |

### WEDNESDAY

|            |                     |          |
|------------|---------------------|----------|
| 6 a.m.     | Power Cycle*        | Studio 1 |
| 9:15 a.m.  | Diesel Wheels*      | Studio 1 |
| 9:15 a.m.  | Turbo Kick          | Court    |
| 11:30 a.m. | Yoga                | Studio 2 |
| 11:45 a.m. | Cycle Express*      | Studio 1 |
| 4:30 p.m.  | Power Cycle*        | Studio 1 |
| 5 p.m.     | Kettle Bell Express | Studio 2 |
| 5:35 p.m.  | Yoga                | Studio 2 |
| 5:35 p.m.  | TRX*                | Studio 1 |

### THURSDAY

|            |                         |          |
|------------|-------------------------|----------|
| 5:30 a.m.  | X-Factor                | Studio 2 |
| 9:15 a.m.  | Total Body Conditioning | Studio 2 |
| 11:10 a.m. | Kettle Bell Express     | Studio 2 |
| 11:45 a.m. | TRX*                    | Studio 1 |
| 4:30 p.m.  | Total Lower Body        | Studio 2 |
| 5:10 p.m.  | Turbo Kick              | Court    |

### FRIDAY

|           |                  |          |
|-----------|------------------|----------|
| 6 a.m.    | Cardio Challenge | Studio 1 |
| 9:15 a.m. | Zumba            | Court    |
| 5 p.m.    | Yoga             | Studio 2 |

### SATURDAY

|            |              |          |
|------------|--------------|----------|
| 8 a.m.     | Power Cycle* | Studio 1 |
| 9:15 a.m.  | Zumba        | Court    |
| 10:15 a.m. | Kid's Zumba  | Court    |

### SUNDAY

|           |      |          |
|-----------|------|----------|
| 9:15 a.m. | Yoga | Studio 2 |
|-----------|------|----------|

\* **FOR CYCLING AND TRX CLASSES THERE ARE A LIMITED AMOUNT OF STATIONS, PLEASE SIGN UP PRIOR TO CLASS.**



**You can do it.  
We can help.** <sup>SM</sup>



*Don't know  
what to do?  
Stay up-to-date  
with MWR events!*

# TXT2CONNECT

TXT **NPTMWR** to **30364**

*Connect to MWR's great offers,  
contests, events, sales and more!*



Once your text is  
entered, you will receive  
weekly updates.

Standard carrier message and data rates may apply.  
Text STOP to cancel. Text HELP for help.

## Did you know?

Did you know that **NAF and DoD employees**, as well as active duty and retired military, can stay at Navy Gateway Inns & Suites?

The comfortable lodgings of NGIS Mid-Atlantic are open to you. Many are newly-renovated and all offer the service and amenities you expect and deserve for a fraction of the cost of commercial hotels.



You will find NGIS  
locations worldwide  
and you can make  
reservations at  
[www.dodlodging.net](http://www.dodlodging.net) or by  
calling 1-877-NAVY-BED.



### NGIS Northeast sites:

- Naval Station Newport {Newport, RI}
- Portsmouth Naval Shipyard {Kittery, ME}
- SUBASE New London {Groton, CT}

**NGIS...  
Yes!**

## The Sun shines on everyone.

Could you use some Sun? With nearly 7,000 slot machines, over 350 table games, 80 shops, restaurants and bars, a world-class hotel and spa, a 10,000-seat Arena, a championship golf course and over 100,000 square feet of premium meeting space, you'll find a million different ways to play. Mohegan Sun is conveniently located in southeastern Connecticut in Mystic Country. For more information, visit [mohegansun.com](http://mohegansun.com).







All workshops are held at the Fleet and Family Support Center, building 1260 (next to the Navy Federal Credit Union), unless otherwise noted. Registration is required and may be made by calling 841-2283. Active duty personnel, retirees, family members, reservists and DoD employees are welcome. All programs require a level of scheduling, staffing and purchasing of course material, so please register early.

## February Programs & Workshops

### 1<sup>st</sup> – Exceptional Family Member Program Point of Contact Training (EFMP POC), 1 to 3 p.m.

The training has been mandated by Commander Navy Installations Command (CNIC) that each command on the base have a EMFP POC. The training will highlight the EFMP history, program purpose and enrollment requirements, categories, procedures and the role of the command EFMP POC in this process. The main goal is to increase awareness and benefits of the Exceptional Family Member Program. For additional information or to register please call Lee Hardgrove, EFMP Liaison, NAVSTA, at 841-2148.

### 6<sup>th</sup>-10<sup>th</sup> – Transition Assistance Management Program (TAMP), 8 a.m. to 4 p.m.

This seminar is designed to assist service members leaving the military to prepare for transition to civilian life and will be held at the Morale, Welfare and Recreation conference room, Building 656. Information on veterans' benefits, health care options, job-search techniques, disability claims and much more will be offered. Spouses are encouraged to attend.

### 7<sup>th</sup> – Sponsor Training, 1 to 2 p.m.

This training is a valuable tool for individuals who will act as sponsors or department representatives selecting sponsors. Because the military spouse also plays such a vital role in the Sponsor Program, all spouses are invited and encouraged to participate.

### 7<sup>th</sup> – Ombudsman Assembly Meeting, 6 to 8 p.m.

This meeting is scheduled to be held at Navy Supply Corps School, for local area command Ombudsmen and their Command Support Team (CST) members. Ombudsman participation is required and CST support is requested. For additional information or to register for this meeting, please call Paul J. Salesi, FFSC Ombudsman Coordinator, at 841-6923.

### 8<sup>th</sup> – Disaster Preparedness for Families, 9 to 10:30 a.m.

Do you and your family know what to do in case of an emergency? Preparing in advance could keep an emergency from becoming a disaster for you and your family. Come the Fleet and Family Support Center and learn some simple steps to help you and your family be prepared.

### 9<sup>th</sup> – Sexual Assault Prevention & Response Liaison Training, 8:30 a.m. to 3:30 p.m.

The liaison is a crucial role in command leadership's response to victims of sexual assault. The training will cover the roles and responsibilities of the SAPR Liaison. Prior command designation is required.

### 13<sup>th</sup>-15<sup>th</sup> – Ombudsman Basic Training, 9 a.m. to 4 p.m.

The Navy Family Ombudsman is a critical communication link between the Commanding Officer and family members. This workshop provides the basic knowledge and tools necessary to be an effective representative of the command and an advocate for family members.

### 16<sup>th</sup> – Take the Mystery out of Federal Employment, 11:30 a.m. to 1 p.m.

During this workshop you will learn how to analyze and respond to vacancy announcements; develop knowledge, skills, and abilities statements, and more.

### 16<sup>th</sup> – Gambling Awareness, 1 to 3 p.m.

This program discusses gambling statistics, the prevalence of gambling problems and military directives. Each learner will complete a self-assessment on gambling habits and discuss the warning signs of problem or compulsive/pathological gambling. Referral resources are discussed and mini-scenarios are used to provide for application of knowledge.

### 20<sup>th</sup> – FFSC closed for President's Day Holiday.

### 21<sup>st</sup> – Acing the Interview, 11:30 a.m. to 1 p.m.

This workshop will provide information on getting ready for an interview, the interview itself, different types of interviews and more.

### 21<sup>st</sup> – Reading Your Credit Report, 2:30 to 4 p.m.

Credit reports are used not only by banks, loan companies and credit card companies but also by rental property agencies, potential employers and can be part of a job security clearance process.

Bring a copy of your credit report, available at [www.annualcreditreport.com](http://www.annualcreditreport.com), to the class and find out how to read the report, understand it and correct any errors you may find.

### 22<sup>nd</sup> – Sexual Assault Prevention & Response (SAPR) Point of Contact (POC) Training, 8 a.m. to noon

The POC ensures awareness, prevention and risk reduction training per the Sexual Assault Prevention and Response policy. He/she has knowledge and ensures coordination of military and civilian services and resources.

### 22<sup>nd</sup> – Sexual Assault Prevention & Response Data Collection Coordinator (DCC), 1 to 3 p.m.

This training will cover data needed to complete a SITREP and review of SITREP guidance. Prior command designation is required.

### 23<sup>rd</sup> – Thoughts & Feelings Seminar: Changing Patterns of Limited Thinking, 1 to 3 p.m.

This class will focus on personalization or limited thinking which is the tendency to relate all objects and events around you to yourself. Personalization limits you and causes pain because you consistently misinterpret what you see and then act on that misinterpretation. Learn the eight patterns of limited thinking and how to compose balance and alternative thoughts.

### 28<sup>th</sup> – Assertiveness in the Workplace, 1 to 3 p.m.

This presentation de-bunks commonly-held myths regarding 'assertiveness.' You will learn skills to help you take better care of yourself whether interacting with peers, supervisors, employees, friends, acquaintances or strangers. You also will learn how and when to use these skills. This session will include techniques to help you be more effective and confident in dealing with individuals who may be considered 'difficult people.'

### 29<sup>th</sup> – Stress - Too Many Balls in the Air, 8 a.m. to noon

From time to time, we all have days or weeks when we are juggling too many challenges at the same time. This takes a toll on our mood, our behavior, and even our physical health. This workshop will feature tips and techniques to help reduce and better manage the stress that can weigh us all down.

### 29<sup>th</sup> – Homebuyers' Workshop, 6 to 8 p.m.

Purchasing a home is a complex task. There are many questions that need to be answered before you take that big step. Come and learn about your options and how to decipher real estate lingo. You will meet with a representative from the Navy Federal Credit Union to hear first-hand about qualifications for mortgages and other financial options. Home-buying information for all areas of the United States is available at this workshop.

## March Programs & Workshops:

### 7<sup>th</sup> – Focus on the Solution, 8 a.m. to noon

### 8<sup>th</sup> – Starting Your Own Business, 11:30 a.m. to 1 p.m.

### 13<sup>th</sup> – Smooth Move Workshop, 1 to 2 p.m.

### 15<sup>th</sup> – Portable Careers for Military Families on the Move, 11:30 a.m. to 1 p.m.

### 19<sup>th</sup> – Paying for College, 1 to 3 p.m.

### 20<sup>th</sup> – Communication: We Can Work It Out, 1 to 3 p.m.

### 22<sup>nd</sup> – Thoughts & Feelings Seminar: Changing Hot Thoughts, 1 to 3 p.m.

### 27<sup>th</sup> – Are You Really Ready to Buy a Car?, 2:30 to 4 p.m.

### 28<sup>th</sup> – Master Your Life, Master Your Anger, 8 a.m. to noon

### 28<sup>th</sup> – Homebuyers Workshop, 6 to 8 p.m.

# Housing Referral Office



Homes are available for rent to a selected list of affiliated groups. Furnished homes are now available for bachelors to share!

- *Active duty military*
- *Military retirees*
- *Active guard & reserve*
- *DoD employees*
- *Unaccompanied military families*

Communities offer a wide-range of recreational amenities.  
For more information, call 841-2232.

# Ney Hall Galley



## Meal Prices

Breakfast .....\$2.45  
Lunch & Dinner .....\$4.55

## Phone Numbers

Galley Office .....841-1083  
Food Service Officer .....841-2048  
Menu recording .....841-4445

**The galley is not open to retirees or civilians.**  
**\*Rations-in-kind customers eat for free with valid ID card**

# FFR Directory

Area code for Rhode Island is 401

|   |                               |          |
|---|-------------------------------|----------|
| <b>AUTO SKILLS CENTER</b> .....                 | building 1285.....            | 841-3026 |
| Monday - Wednesday .....                        | closed                        |          |
| Thursday & Friday .....                         | 11 a.m. to 7 p.m.             |          |
| Saturday .....                                  | 9 a.m. to 5 p.m.              |          |
| Sunday .....                                    | 10 a.m. to 5 p.m.             |          |
| <b>CHILD AND YOUTH PROGRAM</b>                  |                               |          |
| <b>CHILD DEVELOPMENT CENTER</b> .....           | building 1376.....            | 841-4562 |
| Monday - Friday .....                           | 6:15 a.m. to 5:30 p.m.        |          |
| Weekends & Holidays .....                       | closed                        |          |
| <b>CHILD DEVELOPMENT HOME</b> .....             | building 1376.....            | 841-1953 |
| <b>SCHOOL AGE CARE</b> .....                    | building 1297.....            | 841-2883 |
| Monday - Friday .....                           | 6:15 a.m. to 5:30 p.m.        |          |
| Weekends & Holidays .....                       | closed                        |          |
| <b>TEEN CENTER</b> .....                        | building 1297.....            | 841-2043 |
| Thursday (ages 9 & up).....                     | 5 to 8 p.m.                   |          |
| Friday (ages 9 & up).....                       | 5 to 9 p.m.                   |          |
| Saturday (ages 9 - 12) .....                    | 1 to 4 p.m.                   |          |
| Saturday (ages 13 & up).....                    | 5 to 9 p.m.                   |          |
| Sunday - Wednesday & Holidays.....              | closed                        |          |
| <b>FLEET &amp; FAMILY SUPPORT CENTER</b> .....  | building 1260.....            | 841-2283 |
| Monday - Friday .....                           | 7:30 a.m. to 4 p.m.           |          |
| Weekends & Holidays .....                       | closed                        |          |
| <b>GYM 109</b> .....                            | building 109.....             | 841-3154 |
| Monday - Thursday .....                         | 5 a.m. to 9 p.m.              |          |
| Friday .....                                    | 5 a.m. to 7 p.m.              |          |
| Saturday .....                                  | 7 a.m. to 5 p.m.              |          |
| Sunday .....                                    | 9 a.m. to 4 p.m.              |          |
| Holidays .....                                  | 9 a.m. to 5 p.m.              |          |
| Thanksgiving & Christmas Day .....              | closed                        |          |
| <b>HARBOR ISLAND</b> .....                      | building 684.....             | 841-3420 |
| <b>CONFERENCE CENTER</b>                        |                               |          |
| <b>MWR AMERICA'S CUP CAFÉ</b> .....             | building 684.....             | 841-2108 |
| Monday - Friday .....                           | 6:30 a.m. to 2 p.m.           |          |
| Weekends & Holidays .....                       | closed                        |          |
| <b>HOUSING REFERRAL OFFICE</b> .....            | building 690.....             | 841-2232 |
| Monday - Friday .....                           | 8 a.m. to 4:30 p.m.           |          |
| Weekends & Holidays .....                       | closed                        |          |
| <b>LEISURE BAY</b> .....                        | building 1255.....            | 841-2088 |
| <b>INTERNET CAFÉ/COFFEE SHOP/TICKET EXPRESS</b> |                               |          |
| Monday - Friday .....                           | drive thru opens at 6:30 a.m. |          |
| Monday - Friday .....                           | 9 a.m. to 8 p.m.              |          |
| Weekends & Holidays .....                       | 8 a.m. to 6 p.m.              |          |
| <b>ITT OFFICE</b> .....                         | building 1255.....            | 841-3116 |
| Saturday - Tuesday & Holidays.....              | closed                        |          |
| Wednesday - Friday .....                        | 10 a.m. to 6 p.m.             |          |
| <b>MARINA</b> .....                             | building 1397.....            | 841-3283 |
| Closed for the season                           |                               |          |
| <b>MWR NWC CAFÉ</b> .....                       | Hewitt Hall .....             | 841-4655 |
| Monday - Thursday .....                         | 6:30 a.m. to 3 p.m.           |          |
| Friday .....                                    | 6:30 a.m. to 2 p.m.           |          |
| Weekends & Holidays .....                       | closed                        |          |
| <b>NAVY GATEWAY INNS &amp; SUITES</b> .....     | building 1312.....            | 841-7900 |
| <b>NEY HALL GALLEY</b> .....                    | building 292.....             | 841-4445 |

|  |  |          |
|--|--|----------|
| <b>OFFICERS' CLUB</b> .....            | building 95.....                                   | 841-4821 |
| <b>CATERING</b> .....                  | building 95.....                                   | 841-1442 |
| <b>TOPSIDE RESTAURANT</b> .....        | building 95.....                                   | 841-1444 |
| Monday - Thursday .....                | 11 a.m. to 9 p.m.                                  |          |
| Friday .....                           | 11 a.m. to 10 p.m.                                 |          |
| Saturday .....                         | 4 to 10 p.m.                                       |          |
| Sunday .....                           | noon to 8 p.m.                                     |          |
| Holidays .....                         | closed   |          |
| <b>POOL 307</b> .....                  | building 307.....                                  | 841-6628 |
| Monday - Thursday .....                | 6 to 8 a.m., 10:30 a.m. to 1:30 p.m. & 3 to 6 p.m. |          |
| Friday .....                           | 10:30 a.m. to 1:30 p.m. & 3 to 6 p.m.              |          |
| Saturday .....                         | 8 a.m. to 1 p.m.                                   |          |
| Sunday & Holidays.....                 | closed   |          |
| <b>RECREATION CENTER</b> .....         | building 656.....                                  |          |
| <b>RECREATION MANAGER</b> .....        | building 656.....                                  | 841-2194 |
| <b>BOWLING CENTER</b> .....            | building 656.....                                  | 841-4293 |
| Monday - Thursday .....                | 11 a.m. to 8 p.m.                                  |          |
| Friday .....                           | 11 a.m. to 10 p.m.                                 |          |
| Saturday (Xtreme 8 to 11 p.m.).....    | 1 to 11 p.m.                                       |          |
| Sunday .....                           | 1 to 8 p.m.  |          |
| Holidays .....                         | noon to 6 p.m.                                     |          |
| <b>BUSINESS OFFICE</b> .....           | building 656.....                                  | 841-3294 |
| Monday - Friday .....                  | 8 a.m. to 4:30 p.m.                                |          |
| Weekends & Holidays .....              | closed   |          |
| <b>CHIEFS' CLUB</b> .....              | building 656.....                                  | 841-1117 |
| Monday, Wednesday & Thursday .....     | 4 to 9 p.m.  |          |
| Tuesday & Holidays .....               | closed   |          |
| Friday & Saturday .....                | 4 to 10 p.m.                                       |          |
| Sunday .....                           | 1 to 8 p.m. (for NFL season only)                  |          |
| <b>ENLISTED CLUB</b> .....             | building 656.....                                  | 841-2575 |
| Monday - Thursday .....                | 11 a.m. to 9 p.m.                                  |          |
| Friday .....                           | 11 a.m. to 10 p.m.                                 |          |
| Saturday .....                         | 4 to 11 p.m.                                       |          |
| Sunday .....                           | 1 to 8 p.m.  |          |
| Holidays .....                         | noon to 6 p.m.                                     |          |
| <b>GRAPHICS/MARKETING</b> .....        | building 656.....                                  | 841-4992 |
| Monday - Friday .....                  | 8 a.m. to 4:30 p.m.                                |          |
| Weekends & Holidays .....              | closed   |          |
| <b>HUMAN RESOURCES</b> .....           | building 656.....                                  | 841-7697 |
| Monday - Friday .....                  | 7:30 a.m. to 4 p.m.                                |          |
| Weekends & Holidays .....              | closed   |          |
| <b>LIBERTY CENTER</b> .....            | building 656.....                                  | 841-3054 |
| Monday - Thursday .....                | 4 to 8 p.m.  |          |
| Friday .....                           | 4 to 10 p.m.                                       |          |
| Saturday .....                         | noon to 10 p.m.                                    |          |
| Sunday .....                           | noon to 8 p.m.                                     |          |
| Holidays .....                         | noon to 6 p.m.                                     |          |
| <b>MWR ADMINISTRATIVE OFFICE</b> ..... | building 656.....                                  | 841-2643 |
| Monday - Friday .....                  | 8 a.m. to 4:30 p.m.                                | 841-3855 |
| Weekends & Holidays .....              | closed   |          |
| <b>MWR SPECIAL EVENTS</b> .....        | building 656.....                                  | 841-3127 |
| <b>OUTDOOR RECREATION RENTAL</b> ..... | building 656.....                                  | 841-2568 |
| Monday - Friday .....                  | 3 to 6 p.m.  |          |
| Saturday .....                         | 9 a.m. to 1 p.m.                                   |          |
| Sunday & Holidays.....                 | closed   |          |





### ***Topside***

Monday-Thursday  
11 a.m. to 9 p.m.  
Friday 11 a.m. to 10 p.m.  
Saturday 4 to 10 p.m.  
Sunday Noon to 8 p.m.

**For more information,  
call (401) 841-1442.**

### **WEEKLY SPECIALS**

Tuesdays - Kid's Eat Free  
Wednesdays - \$10 Steak Night  
Thursdays - Lobster Night  
Sundays - Every NFL Football Game

## **DINING EVENTS**

### ***Couples' Night featuring Will Worthy***

Friday, February 3

Four course meal with wine for \$50 per couple or without for \$45, gratuity not included. Reservations are highly recommended and seatings begin at 5:30 p.m.

### ***Valentine's Dinner Dance***

#### ***featuring Rhode Island Sound***

Friday, February 10

Tickets are \$50 per person and may be purchased at the ITT office, Building 1255 Wednesday through Friday 10 a.m. to 6 p.m.



### ***Mardi Gras***

Tuesday, February 21

Spend your Mardi Gras at the Officers' Club with Cajun lunch specials, New Orleans-themed dinner buffet with live entertainment.

### ***Newport Storm Beer Dinner***

Friday, February 24

Several flavors and styles of Newport Storm for you to try with a three course meal. Tickets are \$25 per person and can be purchased at the ITT office.

## **FUN TIME EVENTS**

### ***Super Bowl XLVI***

Sunday, February 5

Topside opens at 4 p.m. with our Football Frenzy Menu & Super Bowl team themed specials. Watch the game from one of our 13 TV's!

### ***Fettuccini Alfredo Day***

Tuesday, February 7

In celebration of National Fettuccini Alfredo Day, the Officers' Club will have three Alfredo specials running all day long.



### ***Free Cream Cheese Brownie Day***

Friday, February 10

In celebration of Cream Cheese Brownie Day the first 100 lunch customers receive a free cream cheese brownie with their lunch purchase.

### ***Trivia Night***

Monday February 13 & Tuesday, February 28

Game starts at 6:30 p.m. Unlimited pasta buffet available at 5 p.m. for \$7 per person.

### ***Kid's Movie Night: Happy Feet***

Saturday, February 18

Kids buffet includes meal, drink and dessert for \$6

## ***NEW SPECIAL!***

### ***Friday Wing Night***

**30¢ Wings 4-6 p.m.**

**Wings sold in increments of 10.**

**Order Buffalo, BBQ,  
Garlic Parmesan, Teriyaki or  
Chef Haydee's Country Fried Wings.**

## ***COMEDY SERIES***

**At Topside in the O'Club starting at 7 p.m.**



**Wednesday,  
February 8**

**TONY V**

**Wednesday,  
February 22**

**JOE  
YANNETTY**



**Free show and open to anyone with base access.  
Comics are geared for adult entertainment,  
some word choices are not family friendly.**